# Successful treatment of vaccination damage in children

# with classical homeopathy

by Andrea Corinna Mayer, Christoph Grabenhofer and Martine Jus





Andrea Corinna Mayer (above left) is a classical homeopath working in Ticino and Grisons, Switzerland. Before studying homeopathy at the SHI School of Homeopathy in Zug, she worked as a natural scientist at the Swiss Federal Institute of Technology (ETH), Zurich. Since 2021, she has led a research project funded by the Dr BK Bose Foundation in Zug, Switzerland, regarding the homeopathic treatment of long Covid and Covid-19 vaccination side effects, thus combining both her scientific background and her profound knowledge of classical homeopathy.

Martine Jus (above centre) obtained her doctorate at the Faculty of Veterinary Medicine in Bern. Subsequently she worked at the Clinic for Small Pets and at the Institute of Animal Neurology, University of Bern, before becoming a homeopath. She has over 30 years of experience as a homeopath. She set up the SHI House of Homeopathy in Zug, Switzerland, together with her husband Dr Mohinder Singh Jus, who died in 2019, and continues their joint life's work. In addition to her work in the SHI Homeopathic Practice, she is a lecturer, speaker and author of numerous publications.

Christoph Grabenhofer (above right), a certified homeopath, works in the SHI homeopathic practice in Zug and as a lecturer in its school. He was privileged to learn his passion and expertise in homeopathy from Dr Mohinder Singh Jus. On behalf of the Dr BK Bose Foundation, he is involved in homeopathic studies and in preserving the teachings of Mohinder Singh Jus.

In Switzerland, as in other European countries, a child usually receives a variety of different vaccinations during their childhood and youth. Homeopaths often have to deal with side-effects of childhood vaccinations. This article gives four examples of successful homeopathic treatment of vaccination damage in children: sleeping problems, epilepsy, pseudocroup and autism.

#### Case 1: Restlessness and sleeping problems since vaccination

First appointment 5 February 2024
A mother brought her nine-month-old son to the practice. The child sits in the mother's lap and when the homeopath enters the waiting room, the child turns towards him with a quick head movement. The child stares at the homeopath with an alert gaze, his eyes protruding from his eye sockets.

The following rubrics come from the Repertory of *Practical Materia Medica* by Mohinder Singh Jus (further cited in this paper as *PMM* Jus).

--> Eyes / Exophthalmos: Aml-ns, Aur, Bar-c, Bar-m, Bar-s, Brom, Calc, Com, Ferr, Ferr-i, Guaj, Ign, Iod, Lycps, Med, Nat-m, Phos, Sec, Spong, Stram, Thyr, Tub, Vip.

The boy is restless and fidgety. He constantly moves his arms, legs and head. He seems cheerful, open and not anxious. The homeopath touches him and he flails his arms and fidgets with his legs.

--> Restlessness / constantly moving body parts: *Merc, Puls, Sil, Sep, Staph, Stram, Sulph, Tarent, Tub, Zinc.* 

The mother reports that her son has sleeping problems, which have worsened considerably over the past four months after the vaccination against diphtheria, tetanus, whooping cough (DTP), Hib, polio, hepatitis B and pneumococcus, which he received in September 2023. The boy sleeps for a maximum of 45 minutes at a time during the night and keeps waking up and crying. He sweats a lot during the night. The mother breastfeeds her son almost every time he wakes up. She suspects that he is hungry, and drinking helps him to calm down. When he has an infection, it always manifests as a cough. The cough is then more frequent at night and especially during sleep, without waking him up. According to Mohinder Singh Jus this symptom is typical for Tuberculinum (and Chamomilla).

From a miasmatic point of view, the rubric 'awakening with great fright', and the heavy night sweats are connected to the tubercular miasm. Hunger at night can be psoric or tubercular, depending on the severity. The family history includes asthma.

The mother reports that gentle rocking is the only thing that really calms her child. The process is as follows: he wakes up, cries, and someone has to take him in his or her arms and rock



him. Then he falls asleep and wakes again 45 minutes later, and the process starts all over again. The rubric 'Mind - Rocking - amel', in *PMM* Jus, contains remedies other than the ones in *Synthesis: Acon, Calc, Cham, Cina, Puls, Rhus-t, Tub*.

When the homeopath briefly takes the little boy on his lap, he fidgets the whole time. The child's eyes are wide open and he moves his arms and legs continuously. First he looks at his mother and then he quickly turns towards the homeopath. All his movements and actions are very hasty.

Table 1: Repertorisation with RadarOpus, Synthesis, Millennium Filter

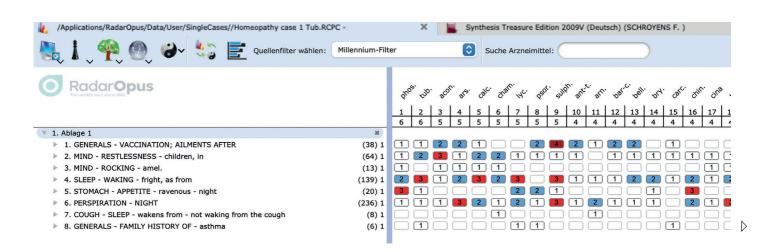
#### Millennium filter

The millennium filter in Schroyen's Synthesis does not prioritise remedies based strictly on clinical experience or proving data. Instead, it is designed to include a wide range of remedies and sources, even those that do not follow strict classical proving rules. This means remedies may be included based on modern provings, clinical cases or other progressive sources, as long as they are not purely experimental (such as unproven remedies, dream provings or meditation provings, which are excluded from this filter and only appear in the full Synthesis view).

A floating market in Thailand. The family in Case 1 travelled to Thailand for a month Based on both the repertorisation with *Synthesis* and *PMM* Jus *Repertory*, the homeopath prescribes two doses of *Tuberculinum Koch* 200c, ten minutes apart (a collective single dose).

# Follow-up 9 February 2024 Four days after the homeopathic remedy

The mother reports that the boy developed diarrhoea the day after taking *Tuberculinum* 200c, which lasted for three days. His general condition was always very good – even during the diarrhoea, which has now stopped. Since the boy had diarrhoea, his sleeping habits changed. He now sleeps for two to three hours in a row and no longer has heavy night sweats.



# Follow-up 12 February 2024 One week after the remedy

The boy seems much calmer and no longer restless. His eyes stare less. As the mother is concerned about the diarrhoea, the homeopath explains that this is a healing reaction that should be evaluated positively. She confirms that her son has become much calmer and has recently started taking a two-hour nap. His sleeping timespan has also increased: the boy still sleeps for two to three hours. The mother is very satisfied with the progress.

In mid-February 2024, the family travelled to Thailand for a month. Their son continued to develop well and, despite the heat in Thailand, his sleep was better than before he was given *Tuberculinum*. However, the child was vaccinated again at the beginning of May 2024, this time against measles, mumps, rubella, chickenpox, diphtheria, tetanus, whooping cough, polio, Haemophilus influenzae type b (Hib) and hepatitis B.

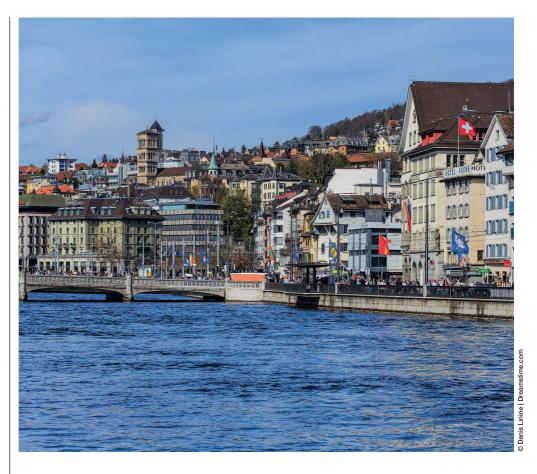
After this vaccination, which is recommended for all children in Switzerland, there was a relapse both in terms of behaviour and sleep. After another dose of *Tuberculinum* 200c, he was well again. The mother told the homeopath that she will not get her child vaccinated anymore.

## Case 2: Epilepsy since vaccination

#### First appointment 12 June 2023

A mother brought her three-year old son to the homeopathic practice. He had previously had homeopathic treatment for three-months colic and sleeping problems, which improved greatly during the treatment.

The mother reports that the child had headaches and stomach complaints for the last five months, one to three times a week. The complaints start with a headache, followed by nausea and vomiting. There is a slight twitching and blinking of the eyes. After such episodes, the child is very tired and needs 1-2 days to recover. The symptoms have increased over the last five months; to start with, the headache was mild and the vomiting was much less frequent.



The findings from the paediatric neurology department at Zurich Children's Hospital were as follows:

- 5.04.23 EEG: initial intermittent left temporal slowing and incompletely generalised epilepsy-type potentials.
- 8.05.23 EEG: single incomplete generalised epilepsy-typical potentials during sleep.

8.8.2023 - 10.8.2023: a long-term EEG was ordered on the Surgery F ward (BHF) to check for suspected epilepsy.

The mother remembers that the vomiting began in Spring 2022, after a meningococcal vaccination.

Mental symptoms: strong restlessness and violent anger with spitting and biting; music aggravates his general condition, he becomes even more restless. His mother has observed for 2-3 months that tidiness has become important for him. He is now afraid when alone, and feels better in company. Another symptom relates to his speech, which has not developed properly. His mother says: 'I know he can do it, but he can't express himself,

The children's parade in Zurich. Following homeopathic treatment, a check-up at Zurich Children's Hospital of the boy in Case 2 showed there were no longer any signs of epilepsy

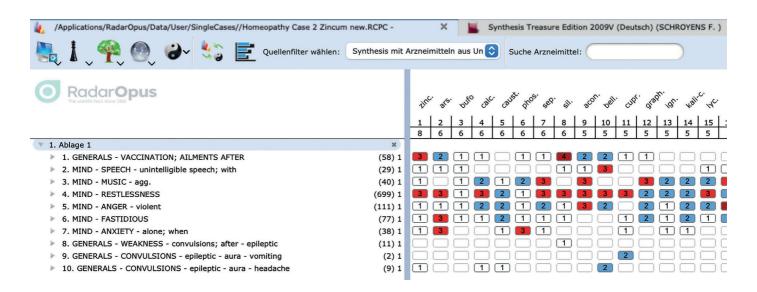
speaks unintelligibly and gets angry if you don't understand him'.

Other symptoms of seizures typical of epilepsy:

- Aura: headache and vomiting
- Twitching during the seizure
- Tiredness and weakness after the seizure.

It is immediately apparent that the child had taken a big step forward in his development

Table 2: Repertorisation with RadarOpus, Synthesis, including the remedies of sub-rubrics



The homeopath prescribes two doses of *Zincum metallicum* 1M, 15 minutes apart (a collective single dose).

#### Follow-up 26 June 2023

The mother describes the following: immediately after taking the remedy, her son had a severe headache but no abdominal pain and no vomiting. He slept for the whole morning after taking the medicine, which is very unlike him. He then woke up and began to speak in full sentences. Before the remedy, only incomprehensible threeword sentences were possible. He is much calmer now. The mother shows a video of the boy singing a song calmly. She has never seen him so balanced. His sleep is also much better; recently he has been sleeping through the whole night.

#### Follow-up 25 July 2023 One month later

It is immediately apparent that the child had taken a big step forward in his development. He is much calmer in the practice room and plays independently. The mother confirms the homeopath's observations, saying: 'He has become more caring and has started to look after other children. He is happier, just like when he was a baby'. In the initial case-taking, the

mother had not said that he had been calm and content as a baby. I asked the mother about his sleeping habits. Falling asleep is much easier for him now, because he is calmer. It was noticeable that, seven days after the remedy, he no longer wanted to wear a nappy. There have been no more signs of epileptic seizures since the headache on the first day after the remedy. There is no vomiting, no headaches and no periods of tiredness anymore.

#### 13 August 2023

The mother writes an enthusiastic email to the homeopath describing the further positive development of her son. At the check-up that month at Zurich Childrens' Hospital there were no longer any signs of epilepsy.

The patient still receives homeopathic treatment at the time of writing, April 2025. There has been no relapse in this regard and the child is developing very well in line with his age.

# Case 3: Pseudocroup since vaccination

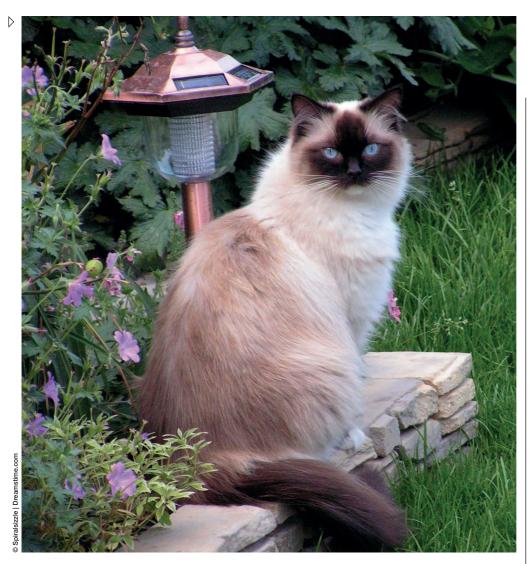
#### First appointment 28 February 2019

An 11-year-old girl (the eldest of four sisters) came to the homeopathic practice. Her mother reports that her daughter has suffered from pseudocroup since the age of 13 months, one month after having the vaccination against diphtheria, tetanus and whooping cough. No other triggers can be found in the patient's history. Since then, the girl has suffered from pseudocroup, or severe coughing, approximately five times a year.

She is also allergic to cat hair and dust, which is why her nose is often blocked, especially after visits to her father, who has a cat. Sometimes she suffers from nosebleeds and from time to time she has abdominal pain. She has had otitis media several times in the past, a sprain of the right ankle in the previous year, and a fracture of the left tibia and fibula, also in 2018.

The family history shows tubercular, syphilitic and sycotic tendencies.

The girl is good at school, very determined and already knows that she wants to become a nurse, doctor or pharmacist. For her it is a drama if she gets a grade below 5.0 in an exam, normally she gets 5.5 or 6 (which is the best grade in Switzerland). Until 2018 she enjoyed figure skating, but unfortunately had to give it up when she broke her leg. She is very clean and doesn't like to get dirty, she even cleans her face after kisses immediately, such as when greeting someone.



She doesn't like being hugged, but doesn't dare say she doesn't like it. She only likes to be hugged by her mum.

When asked about her food preferences, the girl reports that she particularly likes raw vegetables such as carrots, fennel and chillies, as well as fruit and pizza. She is shivery and keeps her feet under the duvet at night.

Almost all her symptoms point to *Silicea*, including the aetiology 'vaccination for diphtheria, tetanus and whooping cough' (for which *Silicea* is the only remedy).

Prescription: one single dose of *Silicea* 10M.

#### Follow-up 26 March 2019

Mother and daughter are delighted to report that the girl no longer has a cough. She did have increased nasal discharge for a few days, but now her nose is less congested. Unfortunately, she slightly sprained her right ankle again, which could possibly be interpreted as a recurring old symptom.

#### Follow-up 2 April 2019

The mother confirms that the girl still doesn't cough anymore and has much less nasal discharge. However, she has had another nosebleed. At the next check-up, I learn that the girl has had another allergic reaction, with itchy eyes, nasal discharge and a few coughing fits.

#### Follow-up 24 May 2019

Mother and daughter report that the girl has more frequent nosebleeds again, but no cough. Her nose is sometimes blocked, but only in the morning; sometimes she sneezes. The mother also mentions that the girl is more assertive towards one of her sisters.

The girl in Case 3 was allergic to cat hair

#### Follow-up 11 June 2019

The mother reports that the girl has had another cough, but without the usual worsening of symptoms and without severe coughing fits. She was even able to do sports during that phase, which was never possible in the past when she had a cough. She no longer has any nasal discharge. The girl has become more relaxed regarding her school grades.

#### Follow-up 27 September 2019

The mother brings the girl to the homeopathic practice because she has been coughing for a week, with sputum and bouts of around ten coughs, but without shortness of breath. She also had occasional abdominal pain. As seven months have elapsed since her remedy, *Silicea* 10M is repeated.

#### Follow-up 4 November 2019

Mother and daughter report that the abdominal pain has not returned and that the girl had never coughed again, not even after visits to her father. There is no nasal discharge anymore and she can breathe freely through her nose. Her mother now tells me that the girl received the papillomavirus vaccination in Summer 2019. This could be an explanation for the relapse.

The mother writes an enthusiastic email to the homeopath describing the further positive development of her son

#### Follow-up March 2020

Six months after the last dose, the mother reported that the girl was again having abdominal pain from time to time. The homeopath prescribed a single dose of *Silicea* 200c.

#### Follow-up 4 May 2020

The mother reports that the girl no longer has abdominal pain. But since yesterday she again has mild allergy symptoms (sneezing, blocked nose, burning eyes), but less severe than in previous years.

#### Follow-up 19 May 2020

At the girl's next appointment her mother stays in the waiting room as the girl wants to talk to the homeopath alone. Her right ankle is hurting more often again, her nose is blocked more often and her eyes are itchy. Above all, she is suffering from the fact that school is taking place from home (lockdown). 'Sometimes I have strange thoughts in the evening, I invent fears,' she says, 'and sometimes I wake up at night and start thinking.' It is very special that the 12-year-old girl speaks about her feelings and emotions in detail.

The remedy Silicea 10M is repeated.

#### Follow-up 9 June 2020

She comes to the practice alone after school to report on the effect of the remedy: 'At the moment I have a cough at night with a burning sensation in my throat, I even cough while I sleep. My ankle no longer hurts, even when I exert myself. My nose is no longer blocked and I no longer sneeze. I have fewer heavy thoughts and I worry less at night, but sometimes I still have trouble falling asleep. I have become much calmer. Unfortunately, I was recently bitten by a child, but I just took Arnica 200c a few times and it healed well.' Her positive energy and her independence are impressive, and the night-time cough can be interpreted as a homeopathic aggravation. The homeopath does not prescribe any remedy.

#### Follow-up 8 September 2020 Three months later

The girl reports that she is often angry

# After another dose of *Tuberculinum* 200c, he was well again. The mother told the homeopath that she will not get her child vaccinated anymore

and shouts at her sister and would like to hit her. In addition, old sad events often come to her mind (although this has improved since she started the homeopathic treatment). Sometimes she does not talk to other family members for an evening and stays alone in her room. Although this report sounds like a different remedy, the homeopath repeats *Silicea* 200c, as it worked well before and now there is kind of a relapse.

#### Follow-up 27 October 2020

An energetic girl comes into the homeopathic practice and reports enthusiastically that she never coughs now. Above all, she is now much more spontaneous and even hugs her best friend. 'I have strong bonds with some of my friends, that's different now! I'm also more involved at school,' she tells the homeopath.

#### 1 December 2020

The girl reports that her mother had an abortion the day before. Unfortunately, her mother had kept the pregnancy a secret from all her children. The

homeopath prescribes a single dose of *Silicea* 10M because this could be a potential new trigger for the patient.

#### 10 December 2020

The girl calls the homeopath spontaneously to ask if it is a problem if she sometimes leaves her school books at home. Remembering the young student as a person who feels almost too responsible and was rarely relaxed, the homeopath reassures her that in her case it can be seen positive if she takes school a little easier.

#### 12 January 2021

The teenager tells the homeopath how well she is doing now. Her nose is no longer blocked, she hasn't had a cough for ages, and she is otherwise well. 'I have even got good grades in maths,' she states enthusiastically. She had a brief earache last night, but it is better today. Even as the homeopath suggests she can call any time if she has a relapse, the young lady insists on making an appointment for a check-up.

# Case 4: Autism following vaccination

A mother comes to the homeopathic practice with her eight-year-old son who suffers from severe autistic traits. The boy was born in India in 2012 without any abnormalities. Both parents are of Indian descent and currently live in Switzerland.

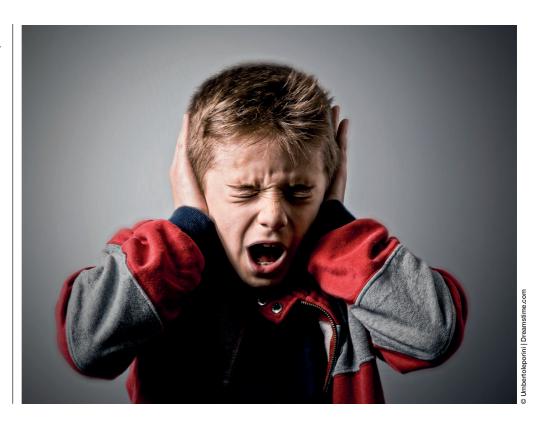
The mother had problems during her pregnancy and felt sad because she did not receive the support she needed from her parents-in-law. From the sixth month of pregnancy, she had feared pregnancy toxicosis because she suffered from hypertension. Her son was born by Caesarean section and weighed 3.5 kg (7.7 lb).

At 18 months, the boy received the mumps-measles-rubella (MMR) vaccination and the first symptoms of autism appeared the next day. He no longer established eye contact with his mother, was absent, restless and no longer made any sounds. Until then, he had been a rather precocious child, which could also be seen in his early achievement of the usual developmental milestones. He had been active and

babbled a lot. Even before the MMR vaccination, he had several middle ear infections. This information already indicates the boy's miasm: an early and rapid development, the tendency to middle ear infections in combination with this bad reaction to the vaccination is a sign of the tubercular miasm. Normally children are vaccinated earlier with MMR, but this mother had postponed the vaccination because she did not have a good feeling about it.

Amn-i, Sulph, Phos, Carc, Carbo fullerenum and Stram were given by previous homeopaths but without any success.

The boy in Case 4 had a strong fear of noise









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#### First appointment September 2020

This turns out to be extremely difficult as the boy doesn't want to get out of the car and won't come up to the practice room. He screams in the car and when his mother tries to persuade him to get out, he lashes out wildly and bites his own arm. So the consultation begins in the car park. Due to these special circumstances, the first appointment was very short. The crying and the enormous restlessness are particularly noticeable. The boy is very hasty in his movements and his mother says that he runs more than he walks. He used to love travelling but has not done so since the coronavirus lockdown. There has been a change in his life and he has not reacted well to it. He is now eight years old and still doesn't make eye contact with his mum, who can't tell if her son likes her or not. He only speaks a few words and cannot communicate. As soon as he gets a little excited, he starts biting himself. He also bites others, but increasingly he bites his own hands and forearms. He also starts to spit when he gets excited or when he doesn't like something.

He has a slight fear of heights and a strong fear of noise. The latter is typical for children with autism. He is also afraid of the dark. He often screams and cries in his sleep. His digestion is very slow and he suffers from constipation without urge for several days.

With this information, the homeopath asks certain key questions to differentiate between remedies such as *Opium*, *Stramonium*, *Sulphur* and *Tuberculinum*:

- Question: When is his condition better? Answer: He feels better in the evening. He is happier from sunset until he goes to bed.
- *Question:* How does he feel after eating? *Answer:* He is calmer after eating.
- Question: How does he react to being touched? Answer: He likes it when I massage him.
- Question: Where does he particularly like massage? Answer:
   Especially on his head, it calms him down.
- Question: And what is it like when you touch him otherwise? Answer: He doesn't like that. He won't even let me touch him. He then gets angry and hits me.
- *Question:* Does he eat anything that isn't edible? *Answer:* No, but he bites into the collar of his T-shirt all the time.
- Question: How is his relationship with music? Answer: Very good.
   He can't concentrate on anything for more than a minute or even seconds, except for music tapes. He really likes listening to music and then he becomes calmer.

Other symptoms from the medical history are:

- Consequence of vaccination
- Miasmatic: tubercular, syphilitic
- Fond of travelling
- Tendency to bite himself, self-harm
- · Chews on the collar of the T-shirt
- Persistent constipation without urge.

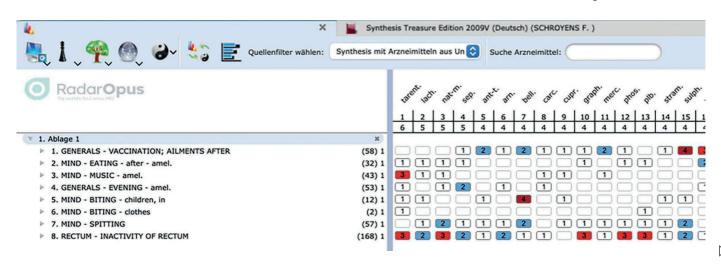
Homeopathy is not only capable of repairing vaccination damage, but helps children to find their way in a happy and independent life

The homeopath prescribes *Tarentula hispanica* 1M, two doses on two subsequent days, early in the morning (collective single dose).

#### First check-up October 2020

This, one month later, also takes place in the car park. The mother reports that her son's vocabulary has expanded and that he now establishes eye contact with her from time to time. He is much more present and aware and now says what he wants. It's easier to communicate with him. He bites less and no longer screams and cries at night.

Table 3: Repertorisation with Radar Opus, Synthesis, including the remedies of sub-rubrics



The homeopath does not prescribe any remedy.

#### Third consultation December 2020

This also takes place in the car park and the mother starts by saying: 'You know, he is now more concerned with me than with himself.' She begins to cry and says:

For the first time he has shown me his love. I know now that he loves me. He wants to communicate with me much more. He has become calmer and cries less during the day. He bites less into his t-shirt collar. Once again, the homeopath does not prescribe any further remedies.

# Six months after *Tarentula* hispanica 1M in March 2021

The boy continues to show very positive progress. His mother reports that he can now concentrate for much longer. The teachers say that his

development is incredibly positive. The spitting has now improved by 60% and biting the collar of his T-shirt and his hand is 90% better. The child does not receive any remedy.

#### Follow-up June 2021 Nine months after Tarentula hispanica 1M

The homeopath is about to leave the building to meet the child in the car park when the receptionist stops her, saying: 'Stop, wait, your patient is in the waiting room'. The homeopath enters the waiting room and can immediately establish eye contact with the boy. The child becomes restless and the homeopath calls him by name, saying: 'Come on, let's go, I'll show you our fish. Do you like fish?' (There is an aquarium in the homeopath's room.) He nods and says: 'Fish, fish, fish.' The child actually hooks the homeopath's arm and lets her lead him



into the room. He is excited but with the help of his mother and the homeopath they go to look at the fish and the boy stays in the room without running around or away.

The mother says that he now spends more time with books and can form two-word sentences and say what he wants. Again, no further medication is prescribed.

#### April 2022

18 months after the single dose of Tarentula hispanica 1M, the child comes to the practice without any reluctance. He voluntarily goes with the homeopath, makes contact, can be touched, and it is now even possible to give him a kiss on the cheek. He is very calm, his memory is much better and his speech has developed further. His mother empathises with her son and can understand what he wants much better. He has created a beautiful display in his room by cutting out pictures from magazines and sticking them on the wall. Previously he couldn't spend more than a minute on anything and now he has had this project for several months. He now dances more often, almost to the rhythm of the

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music. His mum and the whole family are very happy with the progress. No further medication.

#### To date (May 2025)

The child has attended our practice for over four and a half years and has continued to make great progress in his development. Since the onset of puberty, however, there has been a challenging phase in which old symptoms such as biting and hitting have returned, accompanied by pronounced aggression and sexual restlessness. Tarentula and Hyoscyamus did not bring the desired success. An improvement has been achieved with Veratrum *album*, even if the puberty phase still requires special attention.

This last case impressively demonstrates the great effect of homeopathy – even in severe cases of autism. Despite the pronounced symptoms and the long duration of the illness, a profound improvement was achieved with the appropriate homeopathic remedy. It is remarkable that no repetition of the remedy and no change of remedy was necessary for years. The single administration of a high potency led to a lasting improvement in the behaviour, the communication skills

and the ability to establish relationships of the young patient. This case also underlines an important basic rule of homeopathy, as formulated by Dr Mohinder Singh Jus: 'One of the biggest mistakes in homeopathy is the hasty repetition of the dose'. The case shows that patience and trust in the effect of the chosen remedy are crucial for long-term success. This highlights

The homeopath had an aquarium in her room

**All four cases** show how one single homeopathic remedy can repair vaccination side effects

the potential of homeopathy as a profound and sustainable treatment option, even for complex developmental disorders such as autism.

> All four cases show how one single homeopathic remedy can repair vaccination side-effects, even if the symptoms had persisted for years. Hopefully, these cases will encourage many patients, doctors and homeopaths to prescribe for vaccination side effects with proper homeopathic treatment. The Tuberculinum case shows that the acceptance of healing reactions without treating them is very important.

> All the cases presented in this paper show the very positive mental and behavioural development of the young patients during their homeopathic treatment. Thus, homeopathy is not only capable of repairing vaccination damage, but helps children to find their way in a happy and independent life.

#### REFERENCE

Jus MS (2021) Practical Materia Medica (4th expanded and revised edn). Homöosana

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